



## Itinerary

### 16 Day Antarctic Circle Expedition

**\*IMPORTANT NOTE: Any extra nights, optional tours or other amendments, will not be visible on this itinerary.**

#### Day 1: Buenos Aires – The Gateway to Your Antarctic Adventure

Begin your Antarctic journey with an overnight stay in Buenos Aires, a city rich in history and vibrant culture. Known as the "Paris of South America," Buenos Aires offers a captivating blend of European elegance and Latin American flair. Make your own way to the hotel and immerse yourself in this lively, charming destination.

Explore the city's diverse neighbourhoods, each with its own unique character. Wander through the charming streets of Palermo, known for its trendy boutiques and lively cafés, or soak in the historical ambiance of San Telmo, where colonial buildings and tango bars create a nostalgic atmosphere. Don't miss the opportunity to savour a meal at one of the city's renowned parrillas, where you can indulge in succulent Argentine steak, grilled to perfection.

For those eager to dive into Buenos Aires' cultural heritage, why not immerse yourself in the world of tango? The city is the birthplace of this passionate dance, and there are numerous venues offering tango shows and lessons. Alternatively, consider arriving a few days early to fully experience all that this dynamic city has to offer, or explore the surrounding region with an optional Pre-Programme.

**MEALS:** Nil

**OVERNIGHT:** 4 Star Hotel, Buenos Aires

#### Day 2: Ushuaia – Embarking on Your Expedition

Your adventure truly begins with a morning flight to Ushuaia, the southernmost city in the world. Nestled at the edge of Argentina's Tierra del Fuego Province, Ushuaia is the gateway to Antarctica and offers stunning views of the surrounding landscape, including the imposing Martial Glacier. Upon arrival, you'll be welcomed and transferred to your hybrid-powered expedition ship, designed for sustainable and comfortable cruising through polar waters.

After a comprehensive briefing from the Expedition Team, take some time to settle into your cabin and familiarize yourself with the ship's amenities. This is your home for the next leg of your journey, and it is equipped with all the comforts you need for a seamless expedition experience. Spend the rest of the day exploring the ship, meeting fellow travellers, and preparing for the remarkable adventure that lies ahead.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Roald Amundsen

#### Days 3-4: Drake Passage – Preparing for Antarctica

As your ship crosses the Drake Passage, the Expedition Team will be on hand to enhance your understanding and appreciation of the polar environment. This two-day crossing offers ample opportunities to learn about Antarctica's unique ecology, history, and the pressing issues of climate change and pollution.

Visit the onboard Science Centre, where interactive exhibits and expert presentations provide valuable insights into the icy continent. Engage in discussions on Antarctic wildlife, the science beneath the ice, and how to minimize your impact during your visit. The Team will also introduce you to various Citizen Science projects you can participate in, contributing to ongoing research and conservation efforts.

In between educational sessions, enjoy the relaxation and amenities aboard your ship. Unwind in the spa and wellness area, savour exquisite meals in the dining room, and socialize with other passengers in the Explorer Lounge & Bar. The crossing offers a chance to both prepare for and reflect on the extraordinary journey ahead.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Roald Amundsen

### Days 5-13: Antarctica – Immersed in the Frozen Continent

Antarctica awaits with its breathtaking landscapes of towering glaciers and vast icebergs. Each day of your 11-day exploration will reveal new wonders. Observe large penguin colonies huddling on ice floes, majestic whales gliding through icy waters in search of krill, and a diverse array of seabirds soaring overhead.

Your expedition will take you to various landing sites, where you'll have the opportunity to disembark and explore on foot and embark on ice-cruises to get up close to the stunning ice formations. Depending on conditions, you may even have the chance to kayak among the icebergs, offering a unique and intimate perspective of this frozen world.

Throughout the journey, the Expedition Team will continue to provide lectures and insights, deepening your understanding of Antarctica's natural environment and ongoing conservation challenges. The captain will adjust the itinerary as needed to ensure the best possible experience, adapting to weather and ice conditions.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Roald Amundsen

### Days 14-15: Drake Passage – Reflecting on Your Antarctic Journey

As your expedition concludes, the return trip through the Drake Passage offers a chance to reflect on your Antarctic adventure. This time at sea allows you to revisit the Science Centre, delve deeper into topics of interest, and contribute your observations to Citizen Science projects.

Relax and unwind with a spa treatment or enjoy the fresh sea air from the on-deck hot tubs. Socialize with fellow travellers in the Explorer Lounge & Bar, sharing stories and experiences from the past days. The return journey is a perfect opportunity to process the awe-inspiring sights and personal experiences from your time in Antarctica.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Roald Amundsen

## Day 16: Ushuaia ~ Buenos Aires

Your expedition cruise ends in Ushuaia, where you'll fly back to Buenos Aires. Reflect on your incredible journey as services conclude at Buenos Aires Airport. For more adventure, consider an optional Post-Programme to explore Buenos Aires before heading home.

**MEALS:** Breakfast

### \*\*\*IGUAZU FALLS AND BUENOS AIRES EXTENSION\*\*\*

## Day 16: Ushuaia ~ Buenos Aires

As your expedition cruise concludes in Ushuaia, the vibrant hub of Tierra del Fuego, Argentina's southernmost province. You'll then catch a flight back to Buenos Aires for your return home. Upon arrival you will be met at the airport and transferred to your hotel where you can spend the rest of the day at leisure.

**NOTE:** Charter flight details will only be provided once you are onboard the HX ship. As soon as you receive your flight information, please send these details via WhatsApp to the contact listed on your voucher. If you are unable to use WhatsApp, you may email the details to [info@myholiday2.com.au](mailto:info@myholiday2.com.au), and they will be forwarded on your behalf. Please note that transfers cannot be confirmed without your flight details—if this information is not provided, you will need to arrange your own transportation to the hotel.

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires or similar

## Day 17: Buenos Aires ~ Iguazu Falls - Triple Frontier

Begin your day with a delicious breakfast before making your way to the airport for your flight to the magnificent Iguazu Falls. Upon arrival, your friendly driver will greet you at the airport and ensure a smooth, comfortable transfer to your accommodation. After settling in, your adventure continues with a visit to the iconic Triple Frontier—the remarkable point where Brazil, Paraguay, and Argentina converge. Here, you'll experience the vibrant energy and cultural diversity that comes from three nations meeting at a single landmark.

Spend a relaxing evening at your hotel, resting up for the unforgettable exploration of one of the world's greatest natural wonders that awaits you in the days ahead.

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls or similar

## Day 18: Iguazu Falls - Argentinian Side

After breakfast, you'll set out for a full-day adventure exploring one of the world's most awe-inspiring natural wonders: Iguazu Falls. Today's itinerary takes you to the Argentinian side of the National Park,

where entrance fees are not included and should be purchased directly at the park entrance. Accompanied by bilingual guides (English/Spanish), you'll enjoy a scenic open train ride to the heart of the park and back, taking in lush rainforest scenery along the way.

Your guided tour covers both the upper and lower circuits, giving you a comprehensive perspective of the falls' stunning beauty. The highlight of the day is a visit to the dramatic Devil's Throat Falls, where you'll witness the immense power and grandeur of the cascading water up close. Expect an unforgettable day filled with natural wonder, incredible photo opportunities, and immersive experiences at every turn.

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace or similar

### Day 19: Iguazu Falls - Brazilian Side ~ Buenos Aires

After breakfast, you'll enjoy a guided tour of the Brazilian side of Iguazu Falls, where you'll experience breathtaking panoramic views and unique perspectives of this natural wonder. Transfers will be provided as you cross the border into Brazil for your visit. Please note that entrance fees to the national park are not included and must be purchased directly at the park entrance.

**APPROXIMATE TIMES:** 8:00 am to 3:00 pm

Following your tour, you'll be transferred back to the airport for your return flight to Buenos Aires. Upon arrival in Buenos Aires, you will be transferred to your hotel.

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires or similar

**NOTE:** As this tour crosses into Brazil, please be aware that from 30 July 2025, Australian passport holders will require a visa to enter Brazil. It is your responsibility to check and confirm all current visa requirements via [www.smartraveller.gov.au](http://www.smartraveller.gov.au)

### Day 20: Buenos Aires – City Tour

Today, you'll set out on an immersive city tour of Buenos Aires, exploring its rich history, vibrant culture, and unique neighbourhoods. Begin in the historic centre, where grand colonial buildings and landmarks like the Plaza de Mayo, Casa Rosada, and the Metropolitan Cathedral showcase the city's heritage. Wander through San Telmo, known for its cobblestone streets and artistic vibe, before heading to the colourful neighbourhood of La Boca, famous for its tango heritage and brightly painted buildings along Caminito Street. Then, enjoy the elegance of Recoleta, home to boutique cafes and the renowned Recoleta Cemetery (entrance fee not included), the resting place of Eva Perón. Conclude the tour in Palermo, a lively area filled with parks, trendy shops, and bustling eateries, capturing the modern pulse of Buenos Aires.

**APPROXIMATE TIMES:** 9:30 am to 3:30 pm

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires or similar

## Day 21: Depart Buenos Aires

Today you will be transferred to the airport for your return journey home. Due to flight availability and scheduling you may be required to spend an extra night in Buenos Aires at your own cost.

**MEALS:** Breakfast

## \*\*\*IGUAZU FALLS, BUENOS AIRES AND RIO DE JANEIRO EXTENSION\*\*\*

## Day 16: Ushuaia ~ Buenos Aires

As your expedition cruise concludes in Ushuaia, the vibrant hub of Tierra del Fuego, Argentina's southernmost province. You'll then catch a flight back to Buenos Aires for your return home. Upon arrival you will be met at the airport and transferred to your hotel where you can spend the rest of the day at leisure.

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**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires or similar

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**APPROXIMATE TIMES:** 9:30 am to 3:30 pm

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires or similar

## Day 18: Buenos Aires ~ Iguazu Falls - Triple Frontier

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Spend a relaxing evening at your hotel, resting up for the unforgettable exploration of one of the world's greatest natural wonders that awaits you in the days ahead.

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls or similar

### Day 19: Iguazu Falls - Argentinian Side

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Your guided tour covers both the upper and lower circuits, giving you a comprehensive perspective of the falls' stunning beauty. The highlight of the day is a visit to the dramatic Devil's Throat Falls, where you'll witness the immense power and grandeur of the cascading water up close. Expect an unforgettable day filled with natural wonder, incredible photo opportunities, and immersive experiences at every turn.

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace or similar

### Day 20: Iguazu Falls - Brazilian Side ~ Rio de Janeiro, Brazil

After breakfast, you'll enjoy a guided tour of the Brazilian side of Iguazu Falls, where you'll experience breathtaking panoramic views and unique perspectives of this natural wonder. Transfers will be provided as you cross the border into Brazil for your visit. Please note that entrance fees to the national park are not included and must be purchased directly at the park entrance.

**Approximate Tour Duration:** 8:00 am to 3:00 pm

In the evening, take your flight to Rio de Janeiro. Upon arrival, you'll be transferred from the airport to your hotel, where you can check in and relax for the night.

**MEALS:** Breakfast

**OVERNIGHT:** Copacabana Premier Hotel, Rio de Janeiro or similar

### Day 21: Rio de Janeiro - City Tour

Today you can immerse yourself in the vibrant culture and breathtaking beauty of Rio de Janeiro, home to some of the world's most iconic landmarks. Stand in awe of the majestic Christ the Redeemer statue, a symbol of peace and faith perched high above the city on Corcovado Mountain. Stroll along the famous

golden sands of Copacabana Beach, where the lively atmosphere and stunning ocean views capture the heart of Brazil's beach culture. Finally, take a cable car ride up Sugarloaf Mountain for panoramic views of the city, coastline, and lush surrounding landscapes. Rio promises a blend of natural beauty, cultural richness, and unforgettable experiences.

**MEALS:** Breakfast

**OVERNIGHT:** Copacabana Premier Hotel, Rio de Janeiro or similar

### **Day 22: Rio de Janeiro - Free Day**

Enjoy a day a leisure or contact MyHoliday2 for some optional excursions.

**MEALS:** Breakfast

**OVERNIGHT:** Copacabana Premier Hotel, Rio de Janeiro or similar

### **Day 23 Depart Rio de Janeiro**

Your unforgettable journey comes to an end today. After enjoying your morning at leisure, transfer from your hotel to the airport in time for your departing flight.

Take with you the incredible memories of the breathtaking landscapes, vibrant cities, and extraordinary experiences from your adventure. Safe travels, and we hope to welcome you back for another incredible journey in the future.

**MEALS:** Breakfast