



## Itinerary

### 19 Day Antarctica, Buenos Aires & Iguazu Falls W/Flights

**\*IMPORTANT NOTE:** This is the default version of the tour itinerary. Any extra nights, optional tours or other amendments, will not be visible on this version. If you have booked extras, Please contact [info@myholiday2.com.au](mailto:info@myholiday2.com.au) for a personalised version of your itinerary\*

#### Day 1: Depart Australia ~ Arrive in Buenos Aires, Argentina

Today marks the start of your adventure of a lifetime! Depart from Sydney or Melbourne and fly to Buenos Aires, the vibrant capital of Argentina.

Upon arrival, you'll make your own way to the hotel. The rest of the day is yours to explore or relax at your own pace.

**MEALS:** In-flight

**OVERNIGHT:** Hilton Hotel, Buenos Aires (or similar)

#### Day 2: Buenos Aires ~ Ushuaia ~ Embark Expedition Ship

Rise and shine early as we catch a morning flight to Ushuaia, where the hybrid-powered expedition ship, MS Fridtjof Nansen, awaits. Ushuaia, often referred to as the "end of the world," is a charming port city nestled against the dramatic backdrop of the Martial Glacier and surrounding mountains. It's also known for competing with Chilean Puerto Williams for the title of the southernmost city in the world.

Once aboard the ship, attend a mandatory health and safety briefing to prepare for your journey. In the evening, enjoy a welcome dinner hosted by the Expedition Team.

Afterwards, take some time to explore the ship and settle into your home for the upcoming adventure.

**MEALS:** Breakfast, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

#### DAYS 3-4: Sailing through Drake Passage

To reach Antarctica, we first need to cross the legendary Drake Passage. This stretch of water, named after English sea captain Sir Francis Drake, was discovered in 1578 when his ship was blown south by strong winds. With no landmasses to block the wind or currents at this latitude, the Drake Passage can be famously rough, but rest assured, the advanced design of MS Fridtjof Nansen makes the journey comfortable—even if you encounter the occasional "Drake Shake."

The crossing takes around two days, covering roughly 1,000 km, giving you plenty of time to prepare for your Antarctic adventure. The Expedition Team will kick off their lecture program in the onboard Science Centre, sharing their extensive knowledge to ensure your visit is safe and sustainable. You'll also learn about IAATO guidelines, such as wearing sterilised rubber boots ashore and vacuuming your clothing to prevent contamination. For those interested in contributing to live research, the team will introduce hands-on Citizen Science projects you can join.

During the voyage, there's plenty of time to explore the ship. Stay active in the indoor or outdoor gym or unwind with a spa treatment in the Wellness Area. Indulge in gourmet meals at the ship's three restaurants, offering a feast for your taste buds and your eyes.

Don't forget to spend time out on deck—it's the perfect spot to catch your first glimpses of icebergs, whales, and seabirds such as petrels and albatrosses.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

### **DAYS 5-9: Welcome To Antarctica ~ Enjoy the Icescapes**

Welcome to Antarctica—a land of towering glaciers, vast icy waters, and icebergs as big as cathedrals. It's a place like no other, where the sheer scale and beauty will leave you in awe. You may need a quiet moment to soak it all in. But that silence often turns to excitement when you spot your first penguin, whale, or seal, with cheers of delight ringing across the ship.

Antarctica's stunning landscapes and wildlife change with the seasons:

**Spring (October–November):** Snow blankets the land, creating a pristine backdrop for penguins courting and building nests. Whales are rare but start to arrive.

**Summer (December–January):** The height of summer brings more whales and the hatching of adorable penguin chicks, clumsily exploring their snowy surroundings.

**Late Summer (February–March):** Peak whale-watching season, as krill attracts large numbers of whales to the area.

During your time here, the Expedition Team will make the most of every opportunity for ice-cruising and shore landings, bringing you closer to the breathtaking landscapes and incredible wildlife. Spotting penguins from the ship is exciting, but going ashore to see them up close is unforgettable. The same goes for seals or whales—whether you're on a small explorer boat or kayaking as part of an optional activity, the encounters are magical.

Keep your camera handy—you won't want to miss a thing! To enrich your experience, the Expedition Team will also give fascinating talks on topics like Antarctica's history, wildlife biology, and glaciology, deepening your appreciation for this unique frozen world.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

### **DAYS 10-11: Heading Back to Civilisation**

After five unforgettable days exploring the wild beauty of Antarctica, it's time to begin our journey back home. By now, your heart and mind will be brimming with lifelong memories, and your camera will likely be full of incredible photos to relive the adventure.

As we cross the Drake Passage once more, take time to go through your photos and reflect on the extraordinary experiences. It's a great way to hold onto the magic of Antarctica just a little longer. The Expedition Team will also be reminiscing, hosting a recap of the journey's highlights in the Science Centre.

You might want to process everything you've seen by staying active in the gym or relax in the Explorer Lounge and Bar, letting your mind wander back to the incredible sights of Antarctica.

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

### DAY 12: Ushuaia ~ Buenos Aires

Today marks the end of your incredible expedition cruise as we return to Ushuaia. From there, you'll board the HX chartered flight back to Buenos Aires.

Upon arrival in Buenos Aires, transfer from the airport to your hotel. Once you've checked in, the rest of the day is yours to relax and unwind.

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires (or similar)

### Day 13: Buenos Aires - City Tour

Spend the day exploring the highlights of Buenos Aires on a guided city tour. Visit the city's most iconic landmarks, immerse yourself in its rich history, and experience the vibrant culture that makes Buenos Aires so unique.

**Approximate Tour Duration:** 9:30 am to 3:30 pm

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires (or similar)

### Day 14: Buenos Aires ~ Iguazu Falls (Argentinian Side)

Start your day with a pick-up from your hotel in Buenos Aires and transfer to the domestic airport for your flight to Iguazu. Upon arrival, you'll be greeted and taken to your hotel to check in and settle in for the day.

In the evening, enjoy the Sunset Triple Frontier Tour, a unique experience where you'll visit the meeting point of three countries—Argentina, Brazil, and Paraguay. Watch as the sun sets over this remarkable location, where the Iguazu and Paraná Rivers converge, creating a picturesque and memorable scene.

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls (or similar)

### Day 15: Iguazu Falls (Argentinian Side)

Today, immerse yourself in the natural beauty of the Argentinian side of Iguazu Falls, a UNESCO World Heritage Site and one of the most spectacular natural wonders in the world.

Begin your day with a walk along the Upper Circuit, where you'll enjoy stunning panoramic views of the falls from above. Then, explore the Lower Circuit, bringing you closer to the cascading waters and offering unique, up-close perspectives.

A highlight of your visit is Devil's Throat (Garganta del Diablo), the most dramatic and powerful section of the falls. Standing on the viewing platform, you'll feel the sheer force of the water as it plunges into the gorge below—an unforgettable experience.

As part of your adventure, enjoy a scenic open train ride through the lush rainforest of Iguazu National Park, allowing you to take in the stunning surroundings.

**Approximate Tour Duration:** 8:00 am to 5:00 pm

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls (or similar)

### Day 16: Iguazu Falls (Brazilian Side) ~ Buenos Aires

Begin your day by exploring the Brazilian side of Iguazu Falls, renowned for its stunning panoramic views. With round-trip transfers included, you'll have the chance to admire the breathtaking scale of the falls from a different perspective, capturing their full grandeur.

**Approximate Tour Duration:** 8:00 am to 3:00 pm

In the evening, take your flight back to Buenos Aires. Upon arrival, you'll be transferred from the airport to your hotel, where you can check in and relax for the night.

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires (or similar)

### Day 17: Depart Buenos Aires

Your unforgettable journey comes to an end today. After enjoying your morning at leisure, transfer from your hotel to the airport in time for your departing flight.

Take with you the incredible memories of the breathtaking landscapes, vibrant cities, and extraordinary experiences from your adventure. Safe travels, and we hope to welcome you back for another incredible journey in the future.

**MEALS:** Breakfast

**OVERNIGHT:** In flight

## Day 18: In Transit

**MEALS:** In-flight

**OVERNIGHT:** In-flight

## Day 19: Arrive Australia

Welcome back to Australia! We hope you've had an incredible adventure filled with unforgettable memories. If you're planning another trip in the future, let MyHoliday2 know—we'd love to assist you with your next journey.

Safe travels and thank you for choosing MyHoliday2!

**MEALS:** In-flight

## \*\*\*4 DAYS / 3 NIGHTS – RIO DE JANEIRO EXTENSION\*\*\*

## Day 14: Buenos Aires - Free Day

Enjoy a day a leisure, or consider a full day trip to Estancia de San Antonio de Areco (9hrs)

**MEALS:** Breakfast

**OVERNIGHT:** Libertador Hotel, Buenos Aires (or similar)

## Day 15: Buenos Aires ~ Iguazu Falls (Argentinian Side)

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**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls (or similar)

## Day 16: Iguazu Falls (Argentinian Side)

Today, immerse yourself in the natural beauty of the Argentinian side of Iguazu Falls, a UNESCO World Heritage Site and one of the most spectacular natural wonders in the world.

Begin your day with a walk along the Upper Circuit, where you'll enjoy stunning panoramic views of the falls from above. Then, explore the Lower Circuit, bringing you closer to the cascading waters and offering unique, up-close perspectives.

A highlight of your visit is Devil's Throat (Garganta del Diablo), the most dramatic and powerful section of the falls. Standing on the viewing platform, you'll feel the sheer force of the water as it plunges into the gorge below—an unforgettable experience.

As part of your adventure, enjoy a scenic open train ride through the lush rainforest of Iguazu National Park, allowing you to take in the stunning surroundings.

**Approximate Tour Duration:** 8:00 am to 5:00 pm

**MEALS:** Breakfast

**OVERNIGHT:** Orquídeas Palace, Iguazu Falls (or similar)

### Day 17: Iguazu Falls (Brazilian Side) ~ Rio de Janeiro, Brazil

Begin your day by exploring the Brazilian side of Iguazu Falls, renowned for its stunning panoramic views. With round-trip transfers included, you'll have the chance to admire the breathtaking scale of the falls from a different perspective, capturing their full grandeur.

**Approximate Tour Duration:** 8:00 am to 3:00 pm

In the evening, take your flight to Rio de Janeiro. Upon arrival, you'll be transferred from the airport to your hotel, where you can check in and relax for the night.

**MEALS:** Breakfast

**OVERNIGHT:** 4 Star Hotel, Rio de Janeiro, Brazil

### Day 18: Rio de Janeiro - City Tour

Today you can immerse yourself in the vibrant culture and breathtaking beauty of Rio de Janeiro, home to some of the world's most iconic landmarks. Stand in awe of the majestic Christ the Redeemer statue, a symbol of peace and faith perched high above the city on Corcovado Mountain. Stroll along the famous golden sands of Copacabana Beach, where the lively atmosphere and stunning ocean views capture the heart of Brazil's beach culture. Finally, take a cable car ride up Sugarloaf Mountain for panoramic views of the city, coastline, and lush surrounding landscapes. Rio promises a blend of natural beauty, cultural richness, and unforgettable experiences.

**MEALS:** Breakfast

**OVERNIGHT:** 4 Star Hotel, Rio de Janeiro, Brazil

### Day 19: Rio de Janeiro

Enjoy a day a leisure or contact MyHoliday2 for some optional excursions.

**MEALS:** Breakfast

**OVERNIGHT:** 4 Star Hotel, Rio de Janeiro, Brazil

### Day 20: Depart Rio de Janeiro

Your unforgettable journey comes to an end today. After enjoying your morning at leisure, transfer from your hotel to the airport in time for your departing flight.

Take with you the incredible memories of the breathtaking landscapes, vibrant cities, and extraordinary experiences from your adventure. Safe travels, and we hope to welcome you back for another incredible journey in the future.

**MEALS:** Breakfast

**OVERNIGHT:** In flight

### Day 21: In Transit

**MEALS:** In-flight

**OVERNIGHT:** In-flight

### Day 22: Arrive Australia

Welcome back to Australia! We hope you've had an incredible adventure filled with unforgettable memories. If you're planning another trip in the future, let MyHoliday2 know—we'd love to assist you with your next journey.

Safe travels and thank you for choosing MyHoliday2!

**MEALS:** In-flight