



Itinerary

16 Day Antarctica & Falklands Expedition Cruise

***IMPORTANT NOTE:** Any extra nights, optional tours or other amendments, will not be visible on this itinerary.

Day 1: Arrive Buenos Aires

Upon reaching Buenos Aires, make your own way to the hotel. Spending a night in Buenos Aires sets the perfect tone for your Antarctic expedition.

This bustling city boasts a rich tapestry of porteños, the spirited denizens of its ports. Here, European grandeur mingles with Latin American flair, creating an irresistible blend of cultures.

Immerse yourself in the city's offerings, from savouring authentic Argentine steaks at traditional parrillas to honing your dance skills in the birthplace of the tango.

For a fuller experience, contemplate arriving a few days ahead to delve deeper into the vibrant essence of this metropolis.

MEALS:

Breakfast

OVERNIGHT:

Emperador Hotel, Buenos Aires or similar

Day 2: Buenos Aires ~ Ushuaia ~ Embark Ship

Embark on your journey with an early morning flight to Ushuaia, where you'll rendezvous with your eco-conscious expedition vessel, crafted for eco-friendly navigation through polar regions.

Ushuaia, a vibrant port city and the capital of Argentina's Tierra del Fuego Province, awaits your arrival. Framed by the stunning Martial Glacier, it contends for the distinction of being the southernmost city in the world.

Following a briefing by your Expedition Team, take the opportunity to acquaint yourself with your cabin and discover the array of comforts and facilities available onboard.

MEALS:

Breakfast, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 3-4: Crossing the Drake Passage

During the two-day journey across the Drake Passage, the Expedition Team will provide you with essential insights to enhance your polar expedition voyage. Explore the onboard Science Center to gain a glimpse into the adventures that lie ahead. Engage with passionate experts as they delve into Antarctica's rich history, the scientific wonders beneath its icy surface, and the pressing issues of climate change and plastic pollution. Discover ways to ensure your visit is both safe and environmentally responsible, and learn about the Citizen Science initiatives available for your participation.

With ample leisure time available, take advantage of the spa and wellness facilities for relaxation, savour delectable cuisine, and mingle with fellow travellers in the Explorer Lounge & Bar.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 5-9: Antarctica

Prepare to be awe-struck as you venture into the heart of Antarctica. Surrounded by towering glaciers and colossal icebergs reminiscent of floating cathedrals, this pristine wilderness will ignite your sense of wonder. Yet, perhaps the most remarkable aspect of Antarctica is its profound silence, interrupted only by the occasional presence of its inhabitants – the wildlife.

In the Antarctic summer, you may encounter penguins nurturing their chicks, cormorants, sheathbills, and petrels gracefully soaring through the sky, or majestic orcas and humpback whales gracefully navigating the krill-rich waters. Here, nature reigns supreme, and we are but humble observers.

Over the course of five exhilarating days, you'll immerse yourself in a series of captivating explorations across various landing sites. Each day promises a new and thrilling experience, with opportunities to join the Expedition Team on landings and ice cruises. Engage in a range of activities, from kayaking and snowshoeing to hiking, and perhaps even embark on an unforgettable overnight camping adventure (surcharges apply).

Back onboard, the Expedition Team will enrich your understanding of the frozen continent through insightful lectures, further enhancing your appreciation of this extraordinary environment.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 10-11: Crossing the Drake Passage

As you relish the memories of your Antarctic odyssey, brace yourself for further escapades as we set sail towards the Falkland Islands. Your Expedition Team will provide insightful briefings on the islands' history

and biology, enriching your understanding of this intriguing destination.

Delve into the fascinating world of Antarctic ecosystems at the Science Center, where you can peer through microscopes to observe the intricate life forms such as krill and phytoplankton, which sustain a multitude of wildlife in the region.

Enhance your skills and creativity with guidance from our professional photographer, who will offer tips to elevate your photography, or partake in workshops on wildlife painting and mastering nautical knots. For moments of relaxation and rejuvenation, indulge in a spa treatment, engage in a workout session at the gym, and savour the culinary delights of our restaurants featuring locally sourced, regionally inspired dishes.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 12-14: The Falkland Islands

The Falkland Islands boast expansive horizons and pristine white beaches bustling with birdlife. Amidst the serene landscape, occasional farms punctuate the scenery, while verdant grassy hills and vibrant wildflowers offer a stark contrast to the icy vastness of Antarctica.

During your visit, embark on a community walk through Stanley, where you'll wander through the charming Jubilee Villas gardens, admire the historic Christ Church Cathedral, and delve into the intriguing exhibits of the Historic Dockyard Museum.

Our explorations, whether landings, hikes, or excursions, are always conducted with careful consideration of prevailing conditions. With luck, we aim to visit albatross and penguin colonies, where these majestic creatures share their habitat with seals, ensuring minimal disruption to their natural rhythms.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 15: At Sea

As your extraordinary expedition cruise, encompassing the marvels of Antarctica and the captivating wildlife of the Falkland Islands, draws to a close, savour your final day at sea as we sail towards Ushuaia. Partake in enriching experiences with the Expedition Team at the Science Center, delving deeper into your areas of interest. Whether honing your photography skills or simply immersing yourself in relaxation on deck, reflect on the cherished moments of this unforgettable journey.

conclude the day in camaraderie at the Explorer Lounge & Bar, surrounded by the newfound friends you've made during your voyage. Share anecdotes and reminisce about the remarkable experiences you've

shared over leisurely drinks, fostering lasting memories of your expedition.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 16: Ushuaia ~ Buenos Aires

As your expedition cruise concludes in Ushuaia, the vibrant hub of Tierra del Fuego, Argentina's southernmost province. You'll then catch a flight back to Buenos Aires for your return home. However, consider extending your adventure by immersing yourself in the sights and sounds of Buenos Aires. Explore the bustling streets, soak in the rich culture, and indulge in the flavors of this captivating city. From tango performances to delectable cuisine, Buenos Aires offers a myriad of experiences to delight the senses and create lasting memories.

MEALS:

Breakfast

*****IGUAZU FALLS AND BUENOS AIRES EXTENSION*****

Day 16: Ushuaia ~ Buenos Aires

As your expedition cruise concludes in Ushuaia, the vibrant hub of Tierra del Fuego, Argentina's southernmost province. You'll then catch a flight back to Buenos Aires for your return home. Upon arrival make your own way to your hotel and spend the rest of the day at leisure.

MEALS: Breakfast

OVERNIGHT: Hotel Pulitzer, Buenos Aires or similar

Day 17: Buenos Aires ~ Iguazu Falls

Today, head to the airport for your journey to Iguazu Falls. On arrival, your driver will greet you and take you to your hotel. Depending on the time, some sightseeing planned for Day 14 may be arranged for today.

MEALS: Breakfast

OVERNIGHT: Orquídeas Palace, Iguazu Falls or similar

Day 18: Iguazu Falls

After breakfast today, you'll spend the day visiting one of the most spectacular sights in the world: Iguazu Falls. Your day includes a tour of the Argentinian side of the National Park, featuring an open train ride to and from the falls. With bilingual guides (English/Spanish), you'll explore the upper and lower circuits, including a guided tour of the breathtaking Devil's Throat Falls. You'll also visit the Triple Frontier, where

Brazil, Paraguay, and Argentina converge, and take a tour of the Brazilian side of the falls. Round-trip transfers to Brazil are included, ensuring a seamless experience.

MEALS: Breakfast

OVERNIGHT: Orquídeas Palace or similar

Day 19: Iguazu Falls ~ Buenos Aires

Today, you'll be transferred back to the airport for your return flight to Buenos Aires. Upon arrival, make your own way to your hotel and enjoy the rest of the day at your leisure.

MEALS: Breakfast

OVERNIGHT: 4 Star Hotel Buenos Aires

Day 20: Buenos Aires – City Tour

Today, you'll set out on an immersive city tour of Buenos Aires, exploring its rich history, vibrant culture, and unique neighbourhoods. Begin in the historic centre, where grand colonial buildings and landmarks like the Plaza de Mayo, Casa Rosada, and the Metropolitan Cathedral showcase the city's heritage. Wander through San Telmo, known for its cobblestone streets and artistic vibe, before heading to the colourful neighbourhood of La Boca, famous for its tango heritage and brightly painted buildings along Caminito Street. Then, enjoy the elegance of Recoleta, home to boutique cafes and the renowned Recoleta Cemetery, the resting place of Eva Perón. Conclude the tour in Palermo, a lively area filled with parks, trendy shops, and bustling eateries, capturing the modern pulse of Buenos Aires.

MEALS: Breakfast

OVERNIGHT: 4 Star Hotel Buenos Aires

Day 21: Departure Day

Make your own way to the airport for your return journey home. Due to flight availability and scheduling you may be required to spend an extra night in Buenos Aires at your own cost.

MEALS: Breakfast