

# **Itinerary**

## 2FOR1: Antarctica Expedition W/Flights & Buenos Aires Stay

\*IMPORTANT NOTE: This is the default version of the tour itinerary. Any extra nights, optional tours or other amendments, will not be visible on this version. If you have booked extras, Please contact info@myholiday2.com.au for a personalised version of your itinerary\*

#### DAY 1: Australia ~ Buenos Aires, Argentina

Today you will embark on your flight to Buenos Aires, Argentina. Upon arrival you make your own way to your hotel. The remainder of the day is at your leisure.

NOTE: Due to the time difference you depart and arrive on the same day

**MEALS:** In-flight

**OVERNIGHT:** Emperador Hotel, Buenos Aires or similar

#### DAY 2: Buenos Aires ~ Ushuaia ~ Embark Expedition Ship

We fly early in the morning to Ushuaia where hybrid-powered expedition ship MS Fridtjof Nansen awaits you. This port city competes with Chilean Puerto Williams for the seemingly coveted title of the southernmost city in the world. The Martial Glacier sits north of the city, creating an impressive mountain backdrop for the 'end of the world'.

After a mandatory health and safety meeting on board the ship, kick off your journey with a welcome dinner hosted by the Expedition Team. You can then spend some time getting to know the ship that will be your home for the next several days.

**MEALS:** Breakfast, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

#### **DAYS 3-4: Sailing through Drake Passage**

In order to get to Antarctica, we have to cross the infamous Drake Passage. It was named after the English sea captain and privateer Sir Francis Drake who discovered it by chance in 1578 when his ship was taken south by heavy winds. Since there is no landmass at this latitude, wind and water roam freely, making it hard for ships to sail here. But don't worry, even the 'Drake Shake' isn't a big deal for our modern expedition ship.

It takes two days to cross the roughly 1000-km-wide Drake Passage. So, you'll have some time on your hands, which is definitely a good thing as there is plenty to do to get ready for your Antarctic adventure. The Expedition Team will start their lecture programme in the Science Center, drawing on decades of experience to teach you how to make your visit as safe and as sustainable as possible. As per IAATO guidelines, we will all wear sterilised rubber boats when ashore and ensure we vacuum our clothing

beforehand to remove any possible foreign contaminants. You will also learn about the various hands-on Citizen Science projects you can get involved in, all of which feed into live research and current science.

MS Fridtjof Nansen, lies at your feet to be explored as well, quite literally. Work out in the indoor or outdoor gym, or order a spa treatment in our Wellness Area. There are also three superb restaurants on board where you can enjoy delicious meals that are a treat for your eyes and your taste buds. But even with all these mod cons, don't forget to head out on deck from time to time to look for your first iceberg, and to spot wildlife like whales, numerous types of petrels and albatrosses.

MEALS: Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

#### DAYS 5-9: Welcome To Antarctica ~ Enjoy the Icescapes

Welcome to Antarctica. Being here, surrounded by icy waters, glaciers and icebergs big as cathedrals will probably make you feel like you've landed in a completely new world. Antarctica is magnificent, mesmerising and massive. You might need to stop for a moment to be able to take it all in. That awe-inspired silence is inevitably broken though when you see the first signs of wildlife like penguins, whales or seals and enthusiastic cheers erupt spontaneously all across the ship.

Just as the icescapes of Antarctica change through its seasons, so does its wildlife. In late spring from October to November, there will be much more snow, making the landscapes seem even more pristine. This forms the backdrop of penguin courting and nest building. Whales are still few and far in between during this time, most of them still on their way and beginning to arrive in greater numbers by December and January. Arrival of more whales marks the height of summer which is also when the first penguin chicks hatch. Seeing the clumsy clumps of feathers run around and is always a charming sight. February and March are the peak of whale-watching opportunities, when large amounts of krill lure them to the area.

When we get here, the Expedition Team will seize every chance to take you ice-cruising and on landings to get closer to the impressive scenery and wildlife. Spotting penguins from the ship is already an experience, which becomes even more wonderous when you go ashore to see them. It's the same if a seal or whale suddenly appears next to you when cruising in our smaller explorer boats or when kayaking as part of an optional activity. Needless to say; keep your camera close at all times. To enhance your feeling of discovery, the Expedition Team will talk expertly about fascinating subjects like the frozen continent's history, the biology of local wildlife, and glaciology.

MEALS: Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

#### **DAYS 10-11: Heading Back to Civilisation**

After having explored remote and wild Antarctica over five days, we will be due to sail back for home. By this point, both your head and your heart will be filled with lifelong memories. You'll hopefully also have captured many of these special moments on your camera. Crossing back over the Drake Passage, you'll probably spend the next couple of days going through those pictures just to try and stay in Antarctica a little longer. The Expedition Team will also be doing the same as they recap the journey's many experiences over in the Science Center. Working out is also a great way of processing everything you have seen, or maybe let your mind wander back to Antarctica in the Explorer Lounge and Bar?

MEALS: Breakfast, Lunch, Dinner

**OVERNIGHT:** MS Fridtjof Nansen

#### DAY 12: Ushuaia ~ Buenos Aires

Your expedition cruise concludes in Ushuaia, where you will be transferred to Ushuaia Airport for your chartered flight back to Buenos Aires. If you have booked the "Land Package Only" option, arrival in Buenos Aires marks the end of our services. However, if your package includes flights, you will make your own way to your hotel.

**MEALS:** Breakfast

**OVERNIGHT:** Hotel Pulitzer, Buenos Aires or similar

#### **DAY 13: Buenos Aires - Free Day**

Enjoy a free day in Buenos Aires to explore the sights at your own pace. You might also consider one of the optional sightseeing tours.

**MEALS:** Breakfast

**OVERNIGHT:** Hotel Pulitzer, Buenos Aires or similar

#### **DAY 14: Departure Day**

Make your own way to the airport for your return journey home. Due to flight availability and scheduling you may be required to spend an extra night in Buenos Aires at your own cost. Should you wish to extend your stay in South America, simply add the 'Flight Extension' to your package, and our team will gladly arrange your flights accordingly!

MEALS: Breakfast, In-Flight

**OVERNIGHT:** In-Flight

#### Day 15: In Transit

#### **DAY 16: Arrive Australia**

This morning you will arrive home to Australia. We hope you have had a memorable experience on the White Continent and we hope to see you travel with us again!

**MEALS**: Breakfast

#### \*\*\*IGUAZU FALLS AND BUENOS AIRES EXTENSION\*\*\*

#### **DAY 13: Buenos Aires ~ Iguazu Falls**

Today, head to the airport for your journey to Iguazu Falls. On arrival, your driver will greet you and take you to your hotel. Depending on the time, some sightseeing planned for Day 14 may be arranged for today.

**MEALS:** Breakfast

OVERNIGHT: Orquídeas Palace, Iguazu Falls or similar

#### **DAY 14: Iguazu Falls**

After breakfast today, you'll spend the day visiting one of the most spectacular sights in the world: Iguazu Falls. Your day includes a tour of the Argentinian side of the National Park, featuring an open train ride to and from the falls. With bilingual guides (English/Spanish), you'll explore the upper and lower circuits, including a guided tour of the breathtaking Devil's Throat Falls. You'll also visit the Triple Frontier, where Brazil, Paraguay, and Argentina converge, and take a tour of the Brazilian side of the falls. Round-trip transfers to Brazil are included, ensuring a seamless experience.

**MEALS:** Breakfast

**OVERNIGHT:**Orquídeas Palace or similar

#### DAY 15: Iguazu Falls ~ Buenos Aires

Today, you'll be transferred back to the airport for your return flight to Buenos Aires. Upon arrival, make your own way to your hotel and enjoy the rest of the day at your leisure.

**MEALS:** Breakfast

**OVERNIGHT:**4 Star Hotel Buenos Aires

#### **DAY 16: Buenos Aires - City Tour**

Today, you'll set out on an immersive city tour of Buenos Aires, exploring its rich history, vibrant culture, and unique neighbourhoods. Begin in the historic centre, where grand colonial buildings and landmarks like the Plaza de Mayo, Casa Rosada, and the Metropolitan Cathedral showcase the city's heritage. Wander through San Telmo, known for its cobblestone streets and artistic vibe, before heading to the colourful neighbourhood of La Boca, famous for its tango heritage and brightly painted buildings along Caminito Street. Then, enjoy the elegance of Recoleta, home to boutique cafes and the renowned Recoleta Cemetery, the resting place of Eva Perón. Conclude the tour in Palermo, a lively area filled with parks, trendy shops, and bustling eateries, capturing the modern pulse of Buenos Aires.

**MEALS:** Breakfast

**OVERNIGHT:**4 Star Hotel Buenos Aires

#### **DAY 17: Departure Day**

Make your own way to the airport for your return journey home. Due to flight availability and scheduling you may be required to spend an extra night in Buenos Aires at your own cost.

MEALS: Breakfast, In-Flight

**OVERNIGHT:** In-Flight

**DAY 18: In Transit** 

### **DAY 19: Arrive Australia**

This morning you will arrive home to Australia. We hope you have had a memorable experience on the White Continent and we hope to see you travel with us again!

**MEALS:** Breakfast